



Music Therapy Association of Minnesota

Spring 2011

A Newsletter for Minnesota's Music Therapists

From the President's Desk

Dear Members and Friends,

It's been a long winter here in Minnesota, and with the arrival of March, my heart is lightened by the promise of Spring. As a music therapist working in long term care, my heart is also lifted by the news today that the Governor has readdressed some of the proposed cuts to home health care, nursing homes and assisted living from \$87 million to an estimated \$53 million*. This is hardly news to cheer about, yet, if passed, it may result in far fewer jobs being lost vital services remaining intact.

This strained financial picture is not limited to home health care and long term care. Music therapists in education, health care and private practice are all experiencing the effects of this tenuous economy. At this time, understanding and locating additional funding sources is knowledge that every music therapist deserves to have access to. It is our hope, as a board, that the spring conference "One for the Money: Grants, Waivers & Reimbursement for Music Therapy Services" will provide our membership with this valuable insight.

We greatly look forward to your presence at the conference, to hearing your questions and learning from your experience.

*According to Care
Providers of Minnesota

Sincerely,
Elizabeth Giffin



MTAM Spring Conference is April 16, 2011

Register now! Print, fill out, and mail the registration form at the end of this newsletter.

- ❖ Date: April 16, 2011
- ❖ Time: Registration 8:00 am, Business Meeting 8:30 am, Presentation 9:30-3:15
- ❖ Location: Augsburg College, Foss Chapel
- ❖ Presenters: Katie Lindenfelser, Todd Schwartzberg, Erin Fox, Kristen Ziemke, Christina Brantner, and Amy Furman
- ❖ Topic: One for the Money: Grants, Waivers & Reimbursement for Music Therapy Services

Details will be posted on the website: www.musictherapymn.com

Government Relations Report Music Therapy Week: April 18-22, 2011

Music Therapy Colleagues,

I hope this report finds you all doing well. I am excited to announce that Music Therapy Week in Minnesota will be the week of April 18th – 22nd. At the time of this report, things are just beginning to ramp up and our request for a proclamation has been sent to Governor Dayton's office (they say 20-30 days for turnaround).

What do I need from you?

As you know we have a new Governor and new legislators and are in the midst of a challenging economic climate which seems to be fostering cutbacks to education, healthcare and social services. It has also been approximately eight years since the Music Therapy Association of Minnesota visited our legislators at the State Capitol. It is because of this brief rationale that I am requesting your help. *Early next week you will receive, electronically, a demographic survey.* The information that you provide will help us to educate our legislators about the impact that you are making every day - in the districts which they represent. The survey should take you no longer than 2 minutes to complete and your responses are greatly appreciated. Please return your completed survey to me by Friday, April 6th. I thank you for taking the time to complete and send back the survey – you can send it back to me at schwa155@umn.edu.

During MT Week, is a great time to schedule in-services, community music making experiences and to say an extra thank you to the families we get to work with, the administrators who hire us, our fellow colleagues with whom we collaborate. If you do plan an MT Week celebration, in-service, and/or are recognized in some way, please let me know so that we can announce it via our List Serve.

There are a few governmental updates for us to be aware of. MNChoices has been delayed for a year and I urge you all to keep an eye out on House File 204. This is a proposed bill change to clarify what services are reimbursable through insurance companies for those with Autism Spectrum Disorder. We will have more discussion on these two topics at the state conference.

Thank you all for everything you do for our profession and our community.

Sincerely,
Todd Schwartzberg
Government Relations Coordinator
Music Therapy Association of Minnesota

Spotlight on a Minnesota MT-BC: Emily M. Izen, MT-BC

Where did you graduate and what degrees and specialized training do you have? Where did you intern and where have you worked?

I attended Wartburg College in Waverly Iowa. There I received my Music Therapy/Music Education degree with a minor in psychology. I completed my internship at Children's Mercy Hospital in Kansas City, MO. Currently, I am self-employed in Fairmont, MN. I offer music therapy services to a variety of populations of all ages.

Describe your current professional/clinical work, setting, and population.

As stated above, I am currently self-employed in Fairmont, MN. I have my own Music Therapy practice. Being self-employed is a wonderful opportunity as I get to work with individuals of all ages and abilities. I primarily serve children and adults with disabilities either in the group or 1:1 setting. I have done some sessions in local preschools and daycares focusing on early childhood development. Working with various populations forces me to be up-to-date on current research and provides a challenge to meet their needs. On top of the music therapy services I provide throughout the community, I have 25 students every week for music lessons (piano, flute and saxophone). I have also subbed for the local school system to utilize the Music Education portion of my degree.

What kinds of goals do you work on with your clients? What interventions do you often use to address these?

Adult with disability groups - the main focus of these groups is socialization through the music-making process. We do a lot of singing and instrument playing during these groups.

1:1 settings with individuals with disabilities - Most of the clients I serve in the 1:1 setting thrive on sensory stimulation and structure. So while providing them with opportunities for movement and developmentally appropriate cognitive activities, they receive the sensory stimulation they need through instrument play, singing, and visual aids. I love using a variety of instruments for different textures and sounds.

Preschool/Daycare - These groups are incredibly fun! This age group loves music and no matter what we do in the 30-minutes they are moving around, interacting with peers, learning, and exploring music given every music application used. Each session includes singing, instrument play, and movement. The children are given ample opportunities for decision making and independence. The main goals are focused on cognition, socialization, emotional development, and fine/gross motor skills.

Spotlight on a Minnesota MT-BC: Emily Izen, MT-BC, **con't**

Share any special accomplishments, awards or highlights from your work.

I had the wonderful experience of serving as AMTAS Secretary for two years. I was blessed to work with wonderful colleagues and meet individuals from across the nation. Music Therapists are wonderful people and given this position I got to meet a lot of them! Serving as AMTAS Secretary was a lot of work, took a lot of time and dedication, but I would do it all over again!

What is most rewarding to you from being a music therapist? What are you most proud of?

I think every aspect of being a music therapist is rewarding - knowing that sharing the music-making experience with others can benefit them in so many ways. The best is when other people notice your hard work and dedication to the clients. A few weeks ago, I had a teacher call me just to say how much improvement she can see in two of the students who receive weekly MT services. She said they have improved both behaviorally and cognitively on things they have not even worked on in school. Knowing that I have made a difference in their lives is very rewarding. It is great for everyone in the music therapy field when people of other professions see the benefits of music therapy.

Internship Updates

Fraser School and Community Services

Director: Kay Luedke-Smith, MT-BC

Interns: Sally Strnad (University of Kansas)

The Family Partnership (formerly Reuben Lindh Family Services)

Director: Sarah Woolever, MT-BC

Interns: Lysa Berhow (University of North Dakota)

St. Mary's Hospice and Palliative Care

Director: Jody Montgomery, MA, MT-BC, WMTR

Interns: Positions open.

Good Samaritan Society-University Specialty Center

Director: Bill Webb, MA, MT-BC

Supervisors: Elizabeth Giffin, MT-BC; Peter Meyer, MA, NMT, MT-BC

Interns: Krista Nelson (Minnesota), Mike Linbiblew (Minnesota)

Good Samaritan Society-Stillwater

Director: Erin Fox, MA, MT-BC, NMT

Intern: Emily Lambert (University of Georgia)

Park Nicollet Health Services

Director: Dawn Miller, MME, MT-BC, FAMI

Supervisors: Sandra Holten, MT-BC, NMT; Gretchen Marble, MT-BC

Interns: Courtney Ingold (University of Dayton), Dan Anderson (Minnesota), Amber Olfert (Minnesota), Julie Bowker (University of North Dakota) begins July, Jennifer Leonard (Minnesota) begins July, Laura Roche (University of Iowa) begins October.

Where are They Now?

Fraser School and Community Services: Betz Ulrich (Augsburg) completed her internship in July. Kellie Schallert (University of Evansville) is employed at Therabeat, Inc. in Atlanta, GA. Marie Youngkratz (Minnesota) completed her internship in February.

Reuben Lindh Family Services: Jessica Nagel (Minnesota) completed her internship in February and has been interviewing with many organizations from around the country.

St. Mary's Hospice and Palliative Care: Ruth Lindquist (Augsburg) is working in Bozeman, MT for Healing Harmony Music Therapy Services.

Good Samaritan Society-University Specialty Center: Rachel Genrich (Augsburg) is employed by Mount Olivet. Jenny Ulmer (Minnesota) is employed by St Therese Care Center. Bestsy Norrell (Augsburg) finished in December. Moreen Bosch (Augsburg) began employment in March by Master Musicians in Deerfield Beach, FL.

Good Samaritan Society-Stillwater: Ashley Lundberg (Minnesota) is employed as a music therapist at Ebenezer Place in Minneapolis. Megan Harrington (Minnesota) accepted a position as memory care programmer at Good Samaritan Society-Stillwater.

Park Nicollet Health Services: Tim Oesau is the new music therapist for Johnson Hospice and Shalom Home West. Erin Hade accepted a music therapy position at St. Therese Care Center. Lynn O'Brien is working as a music therapist at Regions Hospital and MacPhail Center for Music. Lisa Skarbakka is a music therapist with Growing Through Music, Phoenix Alternatives, and North Hospice. Carol Boyle is working as a music therapist at Sunrise Assisted Living of Frisco, TX and contracting to provide in-home music therapy sessions for children with disabilities in the Texas CLASS system (Community Lessons and Support Services).

New National Roster Internship Sites

Fairview Behavioral Services is Re-activating the Internship Program

The music therapy internship at Fairview Behavioral Services in the University of Minnesota Amplatz Children's Hospital has been reactivated. It is currently accepting applications for interns who would like to start in the Fall of 2011. Please contact Bridget Doak, Ph.D, MT-BC at bdoak1@fairview.org for further information.

Woodbury Health Care Center

Setting(s): Long-term Care, Memory Care, Transitional care/Sub-acute, and Assisted Living.
Populations: Persons with Dementia, Alzheimer's disease, Parkinson's disease, Multiple Sclerosis, diabetes, depression, anxiety, weakness, rehabilitative procedures, hospice care, terminally ill, speech, vision and hearing impairments, heart disease, CVA, mental illness. Age Range: Older Adult, Elderly Persons.
Location: 7012 Lake Rd. Woodbury, MN 55125. Contact Jessica Devillers, NMT, MT-BC, 651-287-6525.

Augsburg News

The International Society of Music in Medicine International Symposium is June 9-11th at Augsburg College, Minneapolis, MN. It is co-sponsored by the American Music Therapy Association, Institute for Music Research University of North Carolina at Greensboro, USA, Regional Pain Center DGS & MusicMedicine Research Lab – Sportklinik Hellersen, Germany. This is a terrific opportunity to network with an international community of professionals dedicated to raising awareness for music therapy and music medicine. The website is <http://musicmedicine.net/conference/>

International Society for Music in Medicine
Internationale Gesellschaft für Musik in der Medizin e.V.



News from the U

The University of Minnesota's Music Therapy Student Association is keeping very busy this year with their activities. Last November, thirteen students headed to Cleveland, Ohio to spend three days at the AMTA National Conference. They enjoyed the opportunity to learn from other professionals around the country as well as attend the exhibits and poster sessions. This March, we will be sending fifteen students to the Great Lakes Regional Conference in Lake Geneva, WI. To raise money to help with travel costs, MTSA held two successful bake sales in October and February, both of which sold out. In addition to conferences, we are hold meetings for guitar song sharing, drum circle facilitation techniques, internship interview preparation, as well as bringing in professionals from outside of the university to present on a wide variety of topics. If anyone is interested in coming to speak at an MTSA meeting, please e-mail us at mtsa@umn.edu.

Jenna Chaput

Member News

- ⇒ Congratulations to Jenna Horgan (formerly Williams), who started full-time with Lifeworks Services Feb 1st. The expansion of Lifeworks music therapy program will allow for more group music therapy, individual MT services and creative band endeavors!
- ⇒ Peter Meyer, Jessica Devillers, and **Erin Ebnet's** book *Guitar Skills for Music Therapists and Music Educators* is now a reference at the Nordoff-Robbins centers in New York and London. Copies may be ordered through Barcelona Publishers at barcelonapublishers.com or 603-357-0236. Peter Meyer did a free workshop at West Music on Feb. 26 to promote the book. He will be doing a guitar CMTE in Eau Claire this spring.
- ⇒ Kay Fraser was interviewed by Kim Insley from Channel 11 news. The Adaptive Piano Lesson program will be featured. Taping was Feb. 18th.
- ⇒ Rueben Lindh Family Services merged with another twin cities nonprofit organization and is now called The Family Partnership.
- ⇒ In 2011, Laura Baker Services in Northfield will add Northfield Hospice to their list of music therapy contracts. This is a pilot program made possible through a Northfield Area Foundation grant.
- ⇒ Veronica Jacobson and Danielle Malo are presenting at the MACMH (Minnesota Association of Children's Mental Health) Annual Conference in Duluth in May on music therapy and mental health.

MTAM Internship Stipend Recipient

The stipend recipient will be chosen at the MTAM board's March meeting and will be announced at the spring conference.

Best Wishes for a Safe Recovery

Last November Augsburg Music Therapy student, Betz Ulrich, was entered into the hospital with a rare form of Wegener's granulomatosis of the brain. This is a form of vasculitis, an inflammation of blood vessels in the vital organs. After spending 57 days in the hospital she is now back home recuperating under the care of her husband Taum. Betz had just finished her internship at Fraser School with Kay Luedtke-Smith and was about to begin her Music Therapy Career when the disease became active. Please remember her in your thoughts with wishes for a safe recovery.

Music Therapy in Entertainment

In addition to the major news media mentions (Bob Woodruff and Gabrielle Gifford pieces), music therapy is playing a role in some high profile entertainment pieces coming out soon.

Do you recognize the name Jodi Picoult? She's a bestselling author, most widely recognized for her book (and later movie) *My Sister's Keeper*. Ms. Picoult's latest book, *Sing You Home*, is being released next month. The main character is a music therapist!

And in the world of film...a movie recently premiered at the Sundance Film Festival. *The Music Never Stopped* tells a story inspired by a tale in Oliver Sack's book *Awakenings*. One of the main characters, played by the lovely Julia Ormond, is a music therapist!

You can check out the trailer on iTunes now. We may be able to be in the first wave of audiences to see it! Minneapolis is in the running to have an early premier when it starts in distribution. Stay tuned.

Jan Ackley Malecha, MT-BC, NMT
Music Therapy Coordinator
MacPhail Center for Music | 501 South Second Street | Minneapolis MN 55401
(direct) 612.767.5524 | (fax) 612.321.9740

MTAM Executive Board Members

Past President: Alisa Anderson, alisamtbc@yahoo.com

President: Elizabeth Giffin, egiffin19@yahoo.com

President Elect: Peter Meyer, pmeyer152@cs.com

Vice President: Danielle Malo, daniellemalomtbc@gmail.com

Secretary: Rebecca Soderberg, borc0080@gmail.com

Treasurer/Membership: Veronica Jacobson, veron53@aol.com

Public Relations: Sarah Newberry, sarahjnewberry@gmail.com

Reimbursement: Melissa Wenzell, wenzell.melissa@macphail.org

Government Relations: Todd Schwartzberg, toddsmtbc@aol.com

Newsletter Editor: Erin Fox, efox@good-sam.com

Members at Large: Bridget Doak, doak@augsborg.edu; Amy Furman, afurman@mpls.k12.mn.us;

Katie Schwartz, km.schwartz@hotmail.com

Student Representatives: Jenna Chaput, Hannah Hohn

Renew Your Membership for 2011

Name _____ Credentials _____ CBMT # _____

Home Address _____ City _____ Zip _____

Home Phone _____ Cell Phone _____

Email Address _____

**please note - we will begin using email as a primary means of contacting and informing you of upcoming events, conference registrations, etc. Please make sure this is clearly written to avoid confusion.*

Work/ School Address _____ City _____ Zip _____

Work/ School Phone _____ Fax _____

Work Email Address _____

Populations Served: please choose the category in which you work the most;
there are examples to what falls within each category and if your specific population is not listed please check the category it would fit into and write in after category name

- | | |
|--|---|
| <input type="checkbox"/> Geriatrics (long term care, elderly, gerontology) | <input type="checkbox"/> School Aged (special ed) |
| <input type="checkbox"/> Hospice | <input type="checkbox"/> Mental Health (adult or adolescent, day treatment) |
| <input type="checkbox"/> Private Practice | <input type="checkbox"/> Developmental Disabilities |
| <input type="checkbox"/> Neurological Impairments (TBI, stroke, Parkinson's) | <input type="checkbox"/> Rehabilitation |
| <input type="checkbox"/> Dementia (Alzheimer's) | <input type="checkbox"/> Medical |
| <input type="checkbox"/> Early Childhood | <input type="checkbox"/> Corrections |
| <input type="checkbox"/> Chemical Health | |

For students:

- Augsburg Expected date of graduation _____
- University of Minnesota Expected date of graduation _____
- Visitor _____

Choose one:

- Professional Member - \$25.00 per calendar year
- Associate Member - \$25.00 per calendar year
Occupation _____
- Student Member - \$12.00 per calendar year
- Membership runs from January 1 – December 31 including electronic MTAM newsletter, conference invitations, membership directory, and communication to keep you abreast of important information. Also included are networking groups per population and reduced prices at conferences.

Send a check payable to MTAM along with this form to:

Veronica Jacobson
565 Sandhurst Dr W # 110
Roseville, MN 55113

- Please check if you want to receive paper communication

One for the Money: Grants, Waivers & Reimbursement for Music Therapy Services

Presented by Katie Lindenfelser, Todd Schwartzberg, Erin Fox, Kristen Ziemke,
Christina Brantner, and Amy Furman

Augsburg College, Foss Chapel

Saturday, April 16, 2011

* Lunch is only guaranteed to registrations postmarked by April 9*

Name _____ CBMT # _____

Address _____

Home Phone _____

Cell Phone _____

E-mail address _____

Conference Registration Type (please check one)

_____ \$30.00 MTAM 2010 Professional member

_____ \$20.00 MTAM 2010 Student member

_____ \$60.00 Non-member

Special Needs: _____ Check here if a disability requires accommodation for you to fully participate.

Please print this form and send along with a check payable to MTAM to:

Veronica Jacobson
565 Sandhurst Dr. W. Apt 110
Roseville, MN 55113

For questions regarding the conference, please contact Danielle Malo at:
daniellemalomtbc@gmail.com

Cancellation and Refund Policy:

Refunds for cancellations are made available by written request only and must be mailed to Veronica Jacobson. Full refunds cannot be made.

80% of fees will be refunded if refund request is postmarked by March 26.

50% of fees if will be refunded if request is postmarked by April 2.

No refunds will be made after April 9.

Refunds will be processed within 45 days of the conference.

“One for the Money: Grants, Waivers & Reimbursement for Music Therapy Services” is approved by the Certification Board for Music Therapists (CBMT) for five (5) continuing music therapy education credits. Credits awarded by CBMT are accepted by the National Board for Certified Counselors (NBCC). MTAM, provider #P-052, maintains responsibility for program quality and adherence to CBMT policies and criteria.

**ENSEMBLE MUSIC and COMMON
CHORD celebrate
"Sing With Your Child Month"**



**Join us as we sing, dance and celebrate the
joy of making music with children!**

Bring your friends, family and neighbors and join **COMMON
CHORD** for singing, dancing, instrument playing and great food!

When: Sunday, March 13th

Time: 11:30-2:00

Where: Midtown Global Market

Please note that all donations received will be donated to Children's Lighthouse of MN. CLM is a local non-profit organization dedicated to opening a residential children's hospice in the Twin Cities. Their mission is to provide a home and care services to children with life-limiting illnesses and their families.