

Music Therapy Association of Minnesota



Summer 2015 Newsletter

A newsletter for Minnesota's music therapists

MTAM Executive Board and Officers

President: Jessica De Villers

Past President: Pete Meyer

President Elect: Claire Klein

Vice President: Michelle Sieben

Past Vice President: Christina Wood

Secretary: Maggie Sonsteby

Treasurer: Dan Andersen

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Website: Krista Nelson

Newsletter Editor: Beth Engelking

Government Relations / MN Recognition Task Force: Melissa Hirokawa, Maggie Sonsteby, Claire Klein

Reimbursement: Christina Brantner

Members at Large: Amy Furman, Erin Fox, Lyndie Walker

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Check us out at
<http://www.musictherapymn.com>



A Letter from the President's Desk



Greetings MTAM members!

I hope you all are enjoying the beautiful Minnesota summer!

Here are a few bits of information and some upcoming announcements you may be interested in about 2015 thus far.

- **Membership:**
 - We have approximately 40 members. Decreased members as of now since we did not have a state spring conference. We hope to increase this with our fall conference.

- **MTAM Elections** will be held this AUGUST. Please see additional announcement in this newsletter for more information.

- **State Conferences 2015:**
 - GLR REGIONAL HOST in the spring, April 8-12, Depot Hotel, Minneapolis. We did not have a spring state conference because of this large event.
 - Saturday September 19, 2015. Counseling Skills for Music Therapists with Dr. Russell Hilliard. (See separate announcement in newsletter for more details or MTAM website www.musictherapymn.com)

- We increased our scholarships for members/students for nearly year round, month activity. Some of these include CMTEs, conference attendance, educational advancement, instrument purchase, intern stipend increase. More information can be found on the MTAM website regarding these opportunities.

- MTAM will be hosting a benefit for a music therapist undergoing medical challenges. Please stay tuned to a future MTAM email that will be sent out with more information. We are hoping to host this benefit late September/early October.

- **GLR 2015: Minneapolis at the Depot Hotel, April 8-12th. “Plant. Grow. Cultivate. Wellness in Music Therapy”** THANK YOU TO ALL THAT ATTENDED TO MAKE A HUGE SUCCESS. THANK YOU TO ALL THE COMMITTEE CHAIRS,

MEMBERS, VOLUNTEERS, EXECUTIVE BOARD MEMBERS & HOTEL STAFF,
FOR MAKING THIS A HUGE SUCCESS

**THANK YOU TO ALL THE EXECUTIVE BOARD MEMBERS OF MTAM FOR
MAKING OUR TEAM FUN, COLLABORATIVE, AND ENERGIZING!**

Board Members

Past President: Peter Meyer	Public Relations: Andrea Yun-Springer
President: Jessica De Villers	Website: Krista Nelson
President Elect: Claire Klein	Newsletter Editor: Beth Engelking
Vice President: Michelle Sieben	Gov't Relations/MN Recognition Task Force: Melissa Hirokawa, Maggie Sonsteby, Claire Klein.
Past Vice President: Christina Wood	Reimbursement: Christina Brantner
Secretary: Maggie Sonsteby	Members at Large: Amy Furman, Erin Fox, Lyndie Walker
Treasurer: Dan Andersen	University of Minnesota Student Representative: Alicia Little
Augsburg College Student Representative: Raina Gamble	

I look forward to seeing many of you at the FALL conference SEPTEMBER 19, 2015!

Respectfully Submitted,

*Jessica De Villers, MA, MT-BC
MTAM President*

MTAM 2015 Fall Conference Registration Form

Counseling Skills for Music Therapists
Presented by
Russell Hilliard, PhD, LCSW, LCAT, MT-BC, CHRC

Hospice of the Twin Cities

2000 Summer Street NE

Minneapolis, MN 55413

Free Parking located on site

Follow the signs to the designated area for the conference upon entrance into the building

Saturday, September 19, 2015 ~ 8am-4pm

6 CMTE credits

Name _____ CBMT # _____ (for music therapists)

Address _____

Home/Cell Phone _____

E-mail address _____

Early Bird Lunch Options: ***Panera box lunch*** is included in the registration fee for all registrations postmarked by **Friday, September 4, 2015**.

Please check your sandwich preference for lunch:

___ **Roasted Turkey and Avocado BLT:** Roasted turkey, applewood-smoked bacon, lettuce, tomatoes and fresh avocado with reduced-fat olive oil mayo on Sourdough Bread

___ **Italian Combo:** seared steak, smoked turkey breast, lean ham, salami, Swiss, peperoncini, lettuce, tomatoes, red onions & our special sauce, on Ciabatta.

___ **Napa Almond Chicken Salad:** Made with all-natural chicken, diced celery, seedless grapes, almonds & our special dressing, served with lettuce and tomato on our Sesame Semolina bread .

___ **Mediterranean Veggie:** Zesty sweet Peppadew™ piquant peppers, feta cheese, cucumbers, lettuce, tomatoes, red onions and cilantro jalapeño hummus on Tomato Basil Bread.

___ **Tuna Salad:** Panera special recipe tuna salad, lettuce, tomatoes and red onions with salt and pepper on our Whole Grain Bread.

___ **Smoked Ham and Swiss:** Smoked, lean ham, Swiss cheese, lettuce, tomatoes and red onions with salt and pepper on Rye Bread.

Early Bird Registration received by *Friday, September 4, 2015 –Lunch included*

_____ \$45.00 MTAM 2015 Professional Member

_____ \$25.00 MTAM 2015 Student Member

_____ \$75.00 Non-Member

Conference Registration (please check one) received after *Friday, September 4, 2015 –Lunch NOT included*

_____ \$55.00 MTAM 2015 Professional Member

_____ \$35.00 MTAM 2015 Student Member

_____ \$85.00 Non-Member

MTAM 2015 membership may be paid now (please check one)

_____ \$25.00 MTAM 2015 Professional Membership

_____ \$12.00 MTAM 2015 Student Membership

Special Needs: _____ Check here if a disability requires accommodation for you to fully participate.

**Please register online www.musictherapymn.com (See website for registration instructions)
OR print this form and send along with a check payable to MTAM to the treasurer:**

Dan Andersen

18415 5th Ave North

Plymouth, MN 55447

PLEASE NOTE: NO ON SITE REGISTRATION WILL BE ACCEPTED. YOU MUST PRE-REGISTER. LIMITED SPOTS ARE AVAILABLE FOR THIS CONFERENCE. REGISTRATION WILL BE A CUT OFF AFTER 80 MEMBERS HAVE REGISTERED.

For questions regarding the conference, please contact Michelle Sieben at: mcsieben@gmail.com
Hospice of the Twin Cities is accessible for persons with disabilities.

Cancellation and Refund Policy:

Refunds for cancellations are made available by written request only and must be mailed to Treasurer.

Full refunds cannot be made.

50% of fees if will be refunded if request is postmarked by *September 1, 2015*.

No refunds will be made after *September 4, 2015*.

Refunds will be processed within 45 days of the conference.

“Counseling Skills for Music Therapists” is approved by the Certification Board for Music Therapists (CBMT) for six (6) continuing music therapy education credits. The Music Therapy Association of Minnesota (MTAM), provider #P-052, maintains responsibility for program quality and adherence to CBMT policies and criteria.

“Counseling Skills for Music Therapists”
6 CMTE Credits

Saturday, September 19th, 2015
Agenda

8:00	Registration & Refreshments
8:30	MTAM Business Meeting: Updates, Awards
9:30	Theories of Counseling: Current Trends for Music Therapists
10:45	Break
11:00	Vent-Validate-Problem Solving; Rapid Fire Role Plays
12:00	Lunch
12:45	Music in Counseling; Complex Client Issues
2:00	Break
2:15	Role Play Scenarios
4:00	Closing

Description: In this course, attendees will learn the current trends in counseling music therapy theories and techniques. While music is a powerful tool to open “Pandora’s box,” music therapists are sometimes left without the counseling skills to provide verbal processing with depth. This course will provide basic counseling skills to empower music therapists to combine verbal processing within music therapy sessions.

There are no required prerequisites for this course.

Objectives: As a result of attending this training, you will be able to...

- Recognize 3 current trends in counseling music therapy practice (CBMT Board Certification Domain I.D.2.a)
- Identify 3 ways in which music supports counseling sessions (CBMT Board Certification Domain I.D.2.a)
- Demonstrate 3 techniques related to verbal processing (CBMT Board Certification Domain I.D.2.a)
- Provide a framework for developing clinical supervision (CBMT Board Certification Domain III.A)

Presenter Bio:

Russell Hilliard, PhD, LCSW, LCAT, MT-BC, CHRC is the Senior Vice President of Patient Experience and Staff Development at Seasons Hospice and Palliative Care based out of Chicago, IL and the Founder of the Centers for Music Therapy in End of Life Care. In his 20-year hospice career, he has created innovative end of life care programs, devised robust documentation procedures, and assured processes support the highest quality patient and family care. His research, advocacy, and consultation have resulted in the development of first-time music therapy programs in hospices throughout the nation, thereby creating many new music therapy positions. He is the author of the text, *Hospice and Palliative Care Music Therapy: A Guide to Program Development and Clinical Care*, and his research has been published in a wide variety of scholarly journals. He also wrote a chapter titled, *Music and Grief Work with Children and Adolescents*, in a book titled *Creative Interventions with Traumatized Children*, edited by Cathy A. Malchiodi as well as the chapter titled *Songs of Faith in End of Life Care* in a book titled *Developments in Music Therapy Practice: Case Study Perspectives*. Dr. Hilliard has provided keynote addresses for healthcare conferences and is a frequent presenter at professional conferences world-wide.

2015 Scholarship/Stipend Opportunities Music Therapy Association of Minnesota

Scholarships and Stipends for Professional and Student Music Therapists

*****Special Note: All applications that are based on financial need will remain confidential.
All applicants must be current members of MTAM*****

All applicants will be notified by email of the decision of the board

January:

- **Internship Stipend (\$300.00) - 1 recipient**
(See http://musictherapymn.com/wordpress/?page_id=105 for application process)
Application due January 31, 2015

February:

- **GLR Early Bird Conference Registration (\$90.00) - 1 professional recipient & (\$55.00) - 1 student recipient**
Send application statement of financial need to President Jessica De Villers at devillersjl@gmail.com
Application due February 15, 2015
- **Professional AMTA Membership Dues (\$235.00) - 1 recipient**
Send application statement of financial need to President Jessica De Villers at devillersjl@gmail.com
Application due February 28, 2015

March:

- **Professional CMTE Registration at GLR Conference (\$100.00) - 2 recipients**
Send application statement of financial need to President Jessica De Villers at devillersjl@gmail.com
Application due March 15, 2015

April:

- **Continuing Education Stipend: Funds are to be put towards advanced training/education (\$300.00) - 1 recipient**
Send application statement of financial need to President Jessica De Villers at devillersjl@gmail.com
Application due April 30, 2015

May:

- **Instrument replacement and/or Purchase (\$300.00) - 1 recipient**
Send application statement of need and usage to President Jessica De Villers at devillersjl@gmail.com
Application due May 31, 2015

June:

- **Early Bird AMTA National Conference Registration (Rates to be determined) - 1 professional recipient & 1 student recipient**
Send application statement of financial need to President Jessica De Villers at devillersjl@gmail.com
Application due June 30, 2015

July:

- **Internship Stipend (\$300.00) - 1 recipient**
(See http://musictherapymn.com/wordpress/?page_id=105 for application process)
Application due July 31, 2015

August:

- **Early Bird Fall MTAM conference Registration (\$40-45.00) - 1 professional recipient & (\$15-20.00) - 1 student recipient**
Send application statement of financial need to President Jessica De Villers at devillersjl@gmail.com
Application due August 31, 2015

September:

- **Professional CMTE Registration at AMTA National Conference (\$100.00) - 2 recipients**
Send application statement of financial need to President Jessica De Villers at devillersjl@gmail.com
Application due Sept 31, 2015.

October, November, December: No stipends or scholarships available these months.



2015 Legislative Session Summary

By Melissa Hirokawa, M.M., MT-BC, NMT Fellow

- This legislative session we focused on getting licensure legislation drafted with appropriate language changes to: (a) match the new AMTA/CBMT Scope of Music Therapy Practice (2015), (b) address what we learned last year about Minnesota-specific language, (c) address concerns brought forth from other professions during the last legislative session, and (d) most accurately represent our profession and best protect our clients.
- Two bills were introduced May 16, 2015. The Senate bill, SF 2197, was authored by Senator John Hoffman. Senator Hoffman authored the 2014 bill that added music therapists to the teacher bargaining unit and was honored at the 2015 GLR conference. Representative Jerry Newton introduced the partner bill, HF 2366, in the House. Senator Hoffman and Representative Newton are both new chief authors.
- Co-authors have not been added to the bill at this time. However, Representatives Carlson, Halverson, Lien, and Selcer; and Senator Rosen expressed willingness to do so during the 2015 legislative session.
- Both bills were introduced prior to the adjournment of the 2015 session, and will be carried over to the 2016 session. Given this timing, we are hopeful that the committee hearing process will occur in early 2016.
- Below are links to the House and Senate bills. From these links you can see the bill text, sign up for “My Bills” which will send updates on bill action, see bill status, and reference other bill related information.

House Bill: HF 2366:

<https://www.revisor.mn.gov/bills/bill.php?b=House&f=HF2366&ssn=0&y=2015>

Senate Bill: SF 2197:

<http://www.senate.leg.state.mn.us/bills/billinf.php?ls=89&billnum=2197>

- Meetings were held with many Senators, Representatives, and other key stakeholders in the licensure process.
- The public policy specialist for Fraser helped us identify key legislators who serve on committees that will likely hear and vote on the bills.
- Health and human services lobbyist Matthew Bergeron also assisted by sharing information on the recent political climate, which will likely carry over through the 2016 session, as well as related issues and appropriate strategies for our process.

- The Minnesota Music Therapy State Task force sent and compiled a new survey to music therapists in Minnesota, which was used to update the Minnesota Music Therapy Fact Sheet and provide a current overview of music therapy services in Minnesota.
- Music therapists filled out “I support music therapy licensure” or “I don’t support music therapy licensure” postcards with personal stories at the Great Lakes Regional Conference.
- Advocacy folders were given to all Senators and Representatives. Included in the folders were the “Please Support Music Therapy Licensure”, “National Overview”, “Music Therapy in MN Fact Sheet”, and updated “Scope of Practice” documents; stories from MT-BCs in their specific districts, MTAM swag (notepad, pen, postcard), and the “I support music therapy licensure” or “I don’t support music therapy licensure” postcards related to individualized districts.
- The MTAM website will be updated with current advocacy materials to help educate the public on the action of the government relations task force and these two bills.
- The government relations task force will be reaching out to the MN music therapy community for calls to action to assist with government relations and advocacy throughout the coming year.



The Great Lakes Region Conference in Minneapolis was a great success!

We hosted 435 music therapists from around the country.
Congratulations to Minnesota music therapists Bill Webb and Pete Meyer, who were awarded the GLR Lifetime Achievement and Service Awards!

Thanks to everyone who volunteered their time, energy, and talents!
Special thanks to conference co-chairs Christina Brantner, Jessica DeVillers, and Mike LimBybliw for their hard work and dedication!



Fundraiser for Music Therapist in Need

Taken from Brian Satterlee's You Caring Page



On April 30, 2015, Brian Satterlee was driving home from band practice. His car was found about an hour later in a pond near their home. He was sitting waist deep in water conscious but nearly unresponsive. He was airlifted from Cambridge Medical Center to Hennepin County Medical Center. It was then discovered that he broke three vertebrae in his lower back. After further tests, it was also determined that it was a seizure that caused his accident, and that the seizure was caused by a brain tumor in his right frontal

lobe. He will be having surgery to remove the tumor in the coming weeks. It will then be determined what type of tumor it is and what follow-up treatment he needs.

Thankfully, Brian is alive and recovering well. We are also thankful that the family has good health insurance and car insurance. However, as a self-employed music therapist, music teacher, and worship leader, Brian does not have disability insurance. He does not get paid time off or sick days, and he must go at least three months without a seizure before he will be able to drive again. (Unfortunately, due to his wife Linda's disability she is unable to drive him either.) Every day that Brian misses work is a day with no pay.

Brian's girls have setup a site where you can keep up-to-date with his progress, and send him a message of encouragement. <http://www.caringbridge.org/visit/briansatterlee>

MTAM will be hosting a fundraiser this fall to help Brian and his family during this difficult time. Please stay tuned for details.

MTAM Board Elections

It's time to elect new officers to the MTAM Executive Board! Ballots will be sent to MTAM membership over email and election results will be announced at the fall conference on September 19.

**Please note that you must be a member to vote,
so renew your membership and make your voice heard!**

To contribute articles or pictures,
e-mail MTAM Newsletter Editor Beth Engelking
bethengelking@gmail.com

