

Music Therapy Association of Minnesota

Fall 2012 Newsletter

A Newsletter for Minnesota's Music Therapists

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Check us out at:

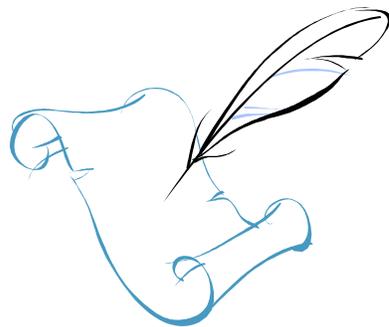
<http://www.musictherapymn.com>

And:



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*A Letter from
the President's Desk:*



Hello all,

We have had a busy year for music therapy in Minnesota!

The biggest news is that we have had a licensure legislation proposed. While that did not get passed, we have made strong connections on a Hill Day and are hoping to go forward in this process. In addition, our incredible government relations representatives Claire Klein and Amy Madson have been holding monthly “town hall” style meetings to help keep not only our membership, but all board certified music therapists involved and informed in the process.

Our past-president, Elizabeth Giffin, has continued to work diligently with the IRS and attorneys to help MTAM become a 501-C3 non-profit organization.

Exciting news is coming out of both academic institutions. Augsburg College recently received approval from the Nation Association of Music Schools to create a Masters of Music Therapy Program. The University of MN’s Dr. Silverman received the Scholarly Activity award from the Great Lakes Region of the American Music Therapy Association (AMTA). The University of MN’s Music Therapy program is also celebrating their 40th anniversary and will host Dr. Judith Jellison on the 25th of October to help commemorate the event.

MTAM has continued to mission of providing continuing educational opportunities for its members. In addition to the conferences, MTAM has sponsored educational events for MN’s Neurologic Music Therapists with an additional event coming in October. In addition to the internship stipend, MTAM has also paid for two MN music therapists to attend the leadership CMTE at the AMTA National Conference. Thanks to Christina Ufer and Jessica De Villers MTAMs Fall conference is being planned and will take place on November 3rd at Woodbury Care Center. Be there to learn new repertoire and exciting new accompaniment techniques (as well as find out who won this year’s Honorary Life and Friend of MTAM awards).

Respectfully Submitted,
Peter Meyer, MA, MT-BC

“Expanding our Repertoire Styles Throughout the Ages”

Presented by:

Peter Meyer, MA, MT-BC
Glen Helgeson, M.Ed., MT-BC
Mike LimBybliw, MT-BC

Woodbury Senior Living

Pillar and Class Room

7012 Lake Road

Woodbury, MN 55125

(On the corner of Lake and Woodlane Drive)

Parking located anywhere in campus parking lot.

Follow the signs to the designated area for the conference upon entrance into the building

Saturday, November 3rd, 2012 ~ 8am-4pm

6 CMTE credits

Name _____ CBMT # _____ (for music therapists)

Address _____

Home/Cell Phone _____

E-mail address _____

Early-Bird Conference Registration Type (please check one)

Panera box lunch is included in the registration fee for all registrations postmarked by

Wednesday, October 24, 2012.

Please check your sandwich preference for lunch:

Bacon Turkey Bravo® Smoked turkey, Applewood-smoked bacon, smoked Gouda, lettuce, tomatoes & our signature dressing, on our Tomato Basil

Chicken Caesar All-natural pepper-mustard chicken with our Caesar dressing, Asiago-Parmesan cheese, tomatoes, lettuce, red onions on our Three Cheese bread.

Napa Almond Chicken Salad Made with all-natural chicken, diced celery, seedless grapes, almonds & our special dressing, on our Sesame Semolina. Served with lettuce & tomato.

Italian Combo Oven-roasted beef, smoked turkey breast, ham, salami, Swiss, peperoncini, lettuce, tomatoes, onions & our special sauce, on Ciabatta.

Asiago Roast Beef Oven-roasted beef, smoked cheddar, lettuce, tomatoes, onions & our horseradish spread, on Asiago Cheese demi

Mediterranean Veggie

Early Bird Registration received by *Wednesday, October, 24, 2012* –Lunch included

- _____ \$30.00 MTAM 2012 Professional Member
- _____ \$20.00 MTAM 2012 Student Member
- _____ \$60.00 Non-Member

Conference Registration (please check one) received after *Wednesday, October 24th, 2012* –Lunch **NOT** included

- _____ \$40.00 MTAM 2012 Professional Member
- _____ \$30.00 MTAM 2012 Student Member
- _____ \$70.00 Non-Member

MTAM 2012 membership may be paid now (please check one)

- _____ \$25.00 MTAM 2012 Professional Membership
- _____ \$12.00 MTAM 2012 Student Membership

****Please bring your guitar and a drum (frame drum, djembe, etc). ****

Special Needs: _____ Check here if a disability requires accommodation for you to fully participate.

Please register online www.musictherapymn.com OR print this form and send along with a check payable to MTAM to:

Beth Cummins-Postigo
8730 Fremont Ave. S.
Bloomington, MN 55420

For questions regarding the conference, please contact Christina Wood at: cgufer@hotmail.com
Woodbury Senior Living is accessible for persons with disabilities.

Cancellation and Refund Policy:

Refunds for cancellations are made available by written request only and must be mailed to Beth Cummins-Postigo.

Full refunds cannot be made.

80% of fees will be refunded if refund request is postmarked by *October 13, 2012*.

50% of fees if will be refunded if request is postmarked by *October 20, 2012*.

No refunds will be made after *October 27, 2012*.

Refunds will be processed within 45 days of the conference.

"Expanding Our Repertoire Styles Throughout the Ages" is approved by the Certification Board for Music Therapists (CBMT) for six (6) continuing music therapy education credits. Credits awarded by CBMT are accepted by the National Board for Certified Counselors (NBCC). MTAM, provider #P-052, maintains responsibility for program quality and adherence to CBMT policies and criteria.

****Please bring your guitar & a drum (djembe and/or frame drum) to utilize throughout the day****

“Expanding our Repertoire Styles Throughout the Ages”

6 CMTE Credits

Saturday, November 3, 2012

Agenda

- 8:00 Registration & Refreshments
- 8:30 MTAM Business Meeting: 501c3 status update, state-licensure update, 40th anniversary of MTAM, Awards: Lifetime Achievement & Friends of MTAM
- 9:30 Folk Guitar Techniques: Finger-picking, embellishments and strumming. Musical examples: “You were Meant for Me.” “Dust in the Wind.” Folk Drumming Techniques: Bass Tone, Open Tone, Closed Tone, & Triangle technique. Musical examples “Iris.” “Big Yellow Taxi.”
- 10:45 Break
- 11:00 Rock Guitar Techniques: Open position Rock. Power chord Rock and Palm Muting. Pedal Tones. Musical examples: “You Shook Me.” “Rock and Rock Girls.” “Crazy Train.” Rock Drumming Techniques: Bass Tone, Open Tone, Closed Tone, Kick drum with foot, & Hi-Hat with foot. Musical Example: “Peggy Sue.”
- 12:00 Lunch
- 12:45 Blues/Blues Rock Guitar Techniques: Shuffle/Spread Patterns- Open position and Movable. Musical Example: “Johnny B. Goode.” Blues/Blues Rock Drumming Techniques: Kick drum with foot, Hi-hat with foot, playing time, & playing with a half-time feel. Musical Examples: “Blue Suede Shoes.” “Glory Days.”
- 2:00 Break
- 2:15 Jazz Guitar : Creating jazz chords in and from open position, closed position jazz chords, flat four jazz strumming. Musical Example: “All of Me.” Jazz Drumming Techniques: Brush technique ideas, playing time, Open-tone, & Closed-tone. Musical Example: “Sentimental Journey.”
- 3:45 Closing



Government Relations Update:

In the past summer months, Amy and Claire, government relations co-chair and members of the Minnesota State Recognition Task Force, have hosted monthly meetings throughout the twin cities area to discuss the course of gaining licensure in the state. With these "pub crawl" meetings, task force members and members of the music therapy community shared concerns, looked forward to future actions, and discussed strategies for advocacy. We plan to continue these meetings with music therapists in Rochester and St. Cloud.

Within the next few months, we will follow the fall senate and representative elections as we plan our Day on the Hill. Here, we will advocate for access to music therapy services, funding, as well as licensure. Please look for e-mail updates on dates, plans, and areas where we'll need your assistance. Be aware of who represents you and making connections in your community.

Claire Klein, MT-BC

Amy Madson, MA, MT-BC

Local Music Therapy News:

- Congratulations to Katie Lindenfelser on her recent article: The sound of comfort: Music therapy in hospice and palliative care.
- Congratulations to Michael Silverman, Ph.D, MT-BC on receiving the American Music Therapy Association-Great Lakes Region Scholarly Activity Award last April!
- As of October 6th Good Samaritan Society-University Specialty Center will be Good Samaritan Society-Specialty Care Community. On November 1st, the center will be moving to its new location in Robbinsdale. Pictured to the right is an artist's rendering of the new facility.
- Jennifer Ackland, MT-BC at the Forte Fine Arts Academy in Lakeville, has recently received a \$1000 grant from Macy's for use in the facility's Music Therapy department. Congratulations!



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- The University of Minnesota is celebrating its 40th Year of Music Therapy by hosting the founder of the program, Dr. Judith Jellison, as a guest speaker! The guest lecture will take place **Thursday, October 25th** from 3-4:30 pm in room 280 in Ferguson Hall on the University of Minnesota Campus. This event is free and open to the public, and all are encouraged to attend.
- The MTAM webpage has recently undergone a make-over! Check it out at www.musictherapymn.com.
- Attention Current Music Therapy Interns! If you're looking for an informal forum to share experiences, network, and bounce around ideas, local interns have been gathering the last Sunday of every month for a potluck dinner at 6 p.m. in Northeast Minneapolis. For more details please email Lyndie Walker at lyndie.a.walker@gmail.com.
- The Great Lakes Region of the American Music Therapy Association will be celebrating its 60th year at the Spring GLR Conference in Columbus, Ohio from April 4th-7th! Visit www.glr-ama.org for details.



Check us out at:

<http://www.musictherapymn.com>

And:



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Spotlight on a Minnesota MT-BC: Michelle Sieben, MT-BC, NMT

What brought you into the field of music therapy?

When I was in high school and getting ready to apply to college, I was strongly looking into psychology programs when I stumbled upon the Augsburg College music therapy major website. I had a friend who helped me get in touch with a music therapist working in the school district in my hometown and shadowed her for a day to get a feel for what it was and what a day might look like.

Where have you been working and with what populations of people?

I completed my internship at Good Samaritan Society-University Specialty Center in April of 2010. From June 2010 until June 2012 I was working at Woodbury Health Care Center, which is a skilled nursing facility. While at Woodbury I worked almost exclusively on their memory care unit. At the end of June I accepted a position at Good Samaritan Society – Stillwater working primarily with their memory care neighborhood.

Are there any modalities or techniques that you've utilized more frequently or found particularly useful?

I have found several neurologic music therapy techniques to be really useful. I use Musical Speech Stimulation (MUSTIM) daily. I also use Patterned Sensory Enhancement (PSE) to facilitate movement interventions. I really like doing drum circles and percussive improvisations and seeing the residents' reactions to each other. Working in memory care I utilize name-that-tune interventions to engage memory recall. I've also done musical legacy video projects, where I recorded video of the residents' singing, movement, their verbal reactions, and facial expressions to their favorite songs. I provided the families with DVDs of the project, and had the privilege of observing a resident's reaction to their own video. It was really significant to me, to the resident, and to his family.

What do you do to remain inspired and up-to-date in the field?

I had the opportunity to do the Neurologic Music Therapy training in Colorado in October through a scholarship from AMTA which helped me to expand on my practice and techniques. I attended the second annual Online Conference for Music Therapy, an international conference presented over 24 hours in an online format. I interacted with MTs from Thailand, Australia, India, Ireland, and all over the United States. I use networking sites like LinkedIn and Facebook, and I follow several blogs of Music therapists I met through the online conference.

Minnesota Internship Updates

MTAM Internship Stipend

Two yearly deadlines, July 31st & January 31st
Apply by these dates for current interns or an upcoming internship
(Not for those who have finished or are in second half of their internship)

For more information or to apply for the stipend, visit us at:
<http://musictherapymn.com/wordpress/internships/scholarship/>

Woodbury Health Care Center

Director: Jessica De Villers, MT-BC

Contact: jdevillers@woodburyseniorliving.com, 651-287-6525

Current interns: Angela Johnson (University of Minnesota)

Future interns: Ryan Behnke (Augsburg)

Starting months: January, April, July, October. Next opening is January 2013.

Fraser School and Community Services

Director: Kay Luedke-Smith, MT-BC, NMT Fellow

Contact: kayL@fraser.org

Current interns: Anna Johnson (Appalachian State University in NC) and Elizabeth Harrison (Marylhurst University in Oregon)

Future Interns: Angela Burla (Augsburg) begins in January 2013

Starting months: January, March, July, and September

Fairview Behavioral Services

Director: Bridget Doak, Ph.D., MT-BC

Contact: bdoak1@fairview.org

Supervisors: Danielle Malo, MM, MT-BC and Emma Moonier, MT-BC

Current Interns: Hillary Schewweit (Augsburg)

Starting months: September

Park Nicollet Health Services

Director: Dawn McDougal Miller, MME, MT-BC, Fellow in the Association of Music and Imagery

Supervisors: Sandra Holten, MT-BC, NMT Fellow; Gretchen Marble, MT-BC; Annie Heiderscheit, Ph.D., MT-BC, LMFT

Contact: dawn.miller@parknicollet.com, 952-993-5901

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Current interns: Bethany Squires (Indiana Purdue University Fort Wayne), Amber Tappe (UW Eau Claire), Laura Higgins (College of Wooster/Cleveland Music Therapy Consortium), Noelani-Mei Ascio (Sam Houston University)
Future Interns: LeAnne Barck (University of Kansas) and Sarah Posey (Sam Houston University)

The Family Partnership (formerly Reuben Lindh Family Services)

Director: Sarah Woolever, MM, MT-BC

Contact: swoolever@thefamilypartnership.org, 612-294-2667 (contact Tu-Thurs 8am-4pm)

Current interns: Andrea Yun Springer (University of Minnesota)

Next available start date: Fall 2013

Laura Baker Services Association (New Internship Site!)

Director: Jennifer Pelletier, MS, MT-BC

Contact: jennifer@laurabaker.org, 507-645-8866

Current interns: Kristina Goemaat (Wartburg College)

Starting months: flexible

Where Are They Now?

- Erin Knutson successfully completed her internship at Woodbury Healthcare center in October, and has recently started a job at a Walker Methodist facility. Former Woodbury intern Kari Johnson is employed at Arbor Lakes Assisted Living, and Christine Pappalardo is working at Cerenity Care Center – Humboldt.
- Sarah Dill, former intern at Fraser, is a music therapist at Lifeworks. Maureen Cavanagh began as the music therapist for Edina Public Schools in September.
- Former Fairview Intern Akane Ueda completed her internship in August 2012 and subsequently passed the Music Therapy Board Certification exam. She has since moved back to Japan and had a job interview in a Children's Hospital.
- Mary Salveson, Hsin-Yi Cheng, Laura Roche, and Julie Bowker successfully completed internships at Park Nicollet. We wish them luck in their job searches!

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- Jenn Shodis, a recent intern at Good Samaritan University Specialty Center, accepted a position at Woodbury Healthcare Center in July 2012 as a Music Therapist on their memory care unit.
- Elizabeth Stephanz from the U of MN completed her internship at The Family Partnership in December 2011 is currently employed as a recreational therapist at The Florida State Mental Health Hospital in Chattahoochee, FL. Hannah Hohn from Augsburg College completed her internship in April 2012 and is currently employed at St. Croix Hospice. Shana Summers from Shenandoah University just completed her internship in mid July and worked as a camp counselor in Virginia for the rest of the summer.
- Kristina is half way through her internship at Laura Baker Services and already has a full time music therapy job offer at Village Northwest Unlimited in Sheldon, Iowa. She starts her new job in January. Congratulations, Kristina!
- AJ Schuh and Kevin Lehtola have graduated from the internship program at Good Samaritan Specialty Center. AJ is board certified and working in Indian at Meaningful Day Services, and Kevin is currently seeking employment.

**To contribute news, articles, pictures, or
information to the newsletter, email
MTAM Editor Jenn Shodis anytime at:**

shodi001@gmail.com

